

Gym, Yoga & Pilates

Yoga mats, blocks, Pilates ball, toning ring, foam roller, resistance equipment, power band, stability ball, Kettle balls & weights

LIFE FITNESS Equipment



1 x Integrity series treadmill



1 x Integrity series Cross-Trainer



1 x Peloton Bike (manufacturer: Peloton)



1 x Hammer Strength Select SE Full Prone Leg Curl



1 x Hammer Strength Select SE Full Leg extension



1 x Signature Back Extension Bench



1 x Hammer Strength Select SE Full Assisted Dip chin



1 x G7 Cable Motion Gym System



1 x Optima series Smith machine



2 x Optima Series adjustable bench



1 x Urethane Dumbbells with X rack



1 x Hammer Rubber Olympic Disc Pack

